



Ufton Court 2026



Staffing



- ▶ Miss King and Mrs Roberts attending all three days and the two evenings
- ▶ Mrs Scott and Miss Howard attending days



Timings

- ▶ Monday 13th April
 - ▶ Parental drop off 10am at Ufton Court
- ▶ Wednesday 15th April
 - ▶ Parental pick up 1pm at Ufton Court

Food

- Finalising numbers after half term
- Those with allergies / dietary requirement/preferences will be confirmed
- Parents will be contacted if needed for confirmation



Every child has the option of bread and butter and/or fresh fruit

They also have self serve salad bars at lunch and dinner

Example menu

Breakfast		Lunch		Dinner
<ul style="list-style-type: none">• A selection of cereals (like cornflakes or Weetabix)• Toast with butter or jam• Fresh fruit	Morning snack	<ul style="list-style-type: none">• Veggie Burgers with fresh salad• Hot Dogs with fresh salad• Jacket Potatoes with a variety of toppings (cheese, beans, tuna)• Chicken Fajita wraps with fresh salad	Afternoon snack	<ul style="list-style-type: none">• Mild Chicken Curry, Rice and Naan Bread• Pasta Bake with garlic bread and roasted vegetables• Sausages, Potato Gratin and seasonal vegetables Desserts <ul style="list-style-type: none">• Fruit Crumble with Custard• Sticky Toffee Pudding and Cream• Chocolate Brownies

Itinerary

First Day

10:00	<i>Arrival, break and Welcome paperwork</i>	
10:30	Team Building Carousel (please note this session will run on Friday if late arrival) Complete a series of tasks designed to encourage your team communication skills. E.g: Gutterball, power tower, helium stick; caterpillar walk;	
11:45	Tripod Swing Work as team to build a swing from pioneering poles. Learn two types of knots to help you succeed. Will your swing be strong enough to hold you?	
12:45	Lunch	
14:00	<i>Show to rooms/ Fire Drill</i>	
15:00	Challenge Wall Set yourself a goal to climb over our challenge wall. Use teamwork to help everyone achieve success. Will you defeat the mega wall?	Archery Use a bow and arrow to shoot at targets in our woodland shooting range. Can you hit the gold? (Please note long hair should be tied back and long sleeve T-shirts must be worn).
16:15	Refreshment Break	
16:30	Woodland Walk Take an evening stroll through the ancient woodlands to connect with nature – along the way take part in mindful activities.	
17:30	Dinner	
18:30	Campfire Gather together around the campfire to tell stories and roast marshmallows. A chance to reflect and unwind as a team.	
19:15	<i>Return to base</i>	
19:30	<i>Bedtime routines</i>	

Itinerary

Second Day

	Wake, wash, dress	
08:00	Breakfast	
09:30	Flintstone Cars Use your pioneering skills to tie new knots and create a flintstones car/chariot that will transport members of your team.	
10:45	Refreshment Break	
11:15	Super Sense Trail Test your senses! Working in pairs, carefully guide your partner through woodland obstacles using touch, sound and clear instructions. A fun challenge that builds trust, teamwork and awareness of the world beyond sight.	
12:15	Reflect & Review	
12:45	Lunch	
14:00	Bridge The Gap Work together to transport your team from one side of an area to another without touching the ground. The floor is lava! Can you put your communication skills to effective use?	
15:00	Archery Use a bow and arrow to shoot at targets in our woodland shooting range. Can you hit the gold? (Please note long hair should be tied back and long sleeve T-shirts must be worn).	Challenge Wall Set yourself a goal to climb over our challenge wall. Use teamwork to help everyone achieve success. Will you defeat the mega wall?
16:00	Refreshment Break	
16:30	Frisbee Fun An opportunity to enjoy playing with frisbees on the field- can you get the frisbee into the different score zones?	
17:30	Dinner	
18:30	Boogie Bash party Take part in a woodland themed party (<i>located in the woods from April - Sept so please encourage appropriate outdoor wear and shoes.</i>) Dance and play traditional party games.	
19:15	Return to Base	
	Bedtime routines	

Itinerary

Third Day

	<i>Wake, wash, dress, strip beds, luggage to store</i>
08:00	Breakfast, bags to outgoing day base.
09:30	Catapult Challenge Build an A-frame frame with your pioneering skills to create a catapult that will launch foam balls at a target and/or tins cans. Work as a team to see if you can hit the target.
10:45	Break
11:15	Woodland Games Release some energy in the ancient woodlands as you play a variety of team games. Can you find the best hiding spot in the woods?
12:00	Reflect & Review
12:15	Picnic Lunch
13:00	Departure

What to pack

Essential items

- Waterproof coat or cagoule
- Extra footwear – Wellies or **waterproof** footwear in a plastic bag in case of wet weather.
- Indoor shoes (avoid slippers – light trainers are more suitable - All visitors need to bring a change of shoes)
- Spare clothing, **including long trousers** (make sure you bring a long sleeved top if you are doing Archery)
- Spare footwear if taking part in water-based activities – these must be tightly fitting to your feet – **not Crocs**
- Towel, toiletries
- Book and a cuddly toy – of a sensible size
- Water bottle
- Personal medication
- Brightly coloured clothes if having a Fiesta/Party Night
- Tights / leggings / skins if having a History Themed Banquet/Feast

In winter

- Scarf
- Warm waterproof jacket
- Gloves
- Hat

In summer

- Sun hat
- Sun block
- Shorts

Please do not bring

- Food – other than by arrangement for special diets
- Money or valuables
- Mobile phone
- Any electronic equipment
- Aerosol sprays



Medical items

- ▶ If your child needs medication, such as inhalers, hay fever medication, medicated creams, a form (which will be emailed beforehand) needs completing.
- ▶ This will include Calpol, even if just for a possibility of use for headaches
- ▶ Staff then have a lockbox to keep for use when needed



Sickness

- ▶ If your child is sick during their stay
 - ▶ We will contact you directly to let you know and you can then make your way to Ufton, if required



Keeping you all informed

- Updates will be made to the class page each day with small selection of photos
 - Connection is weak so please bare with us!
 - We will always try and update by 8pm
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