

## Our Triage Service

- Emotional Health Triage is a free service open to children and young people in West Berkshire who need support with emotional health difficulties. Referrals are usually made by family members, schools, GPs or other professionals.
- How it works: When a child or young person is referred, we will get in touch with their family to discuss their needs and, where possible, we will signpost them to relevant support. When we feel the young person's referral requires a more in-depth discussion, they will be discussed at our weekly multi-agency triage meeting. EHT panel members include representatives from the EHA, CAMHS, specialist charities, council services and healthcare professionals. They discuss each referral and agree what support should be recommended. This may result in an offer of support through the EHA, the referral being passed to another service and/or signposting to other appropriate organisations.
- To make a referral for a child or young person please use our [online referral form](#). For further information please see [our website](#) or email us at [emotional.health.triage@westberks.gov.uk](mailto:emotional.health.triage@westberks.gov.uk). If you are unable to use a web form, you can e-mail us to request a PDF form.
- **Please note:** We are not a crisis service. Please speak to your GP or contact CAMHS if a young person needs help with severe emotional or mental health difficulties.



[www.westberks.gov.uk/emotional-health-academy](http://www.westberks.gov.uk/emotional-health-academy)

