

E-Safety Information & Support for Parents/Carers

There is a wealth of information available to support parents/carers to keep children safe online. The following list is not exhaustive but should provide a useful starting point:

- <u>Childnet</u> offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support
- <u>Commonsensemedia</u> provide independent reviews, age ratings, & other information about all types of media for children and their parents
- <u>Government advice</u> about protecting children from specific online harms such as child sexual abuse, sexting, and cyberbullying
- <u>Government advice</u> about security and privacy settings, blocking unsuitable content, and parental controls
- <u>Internet Matters</u> provide age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world
- <u>Let's Talk About It</u> provides advice for parents and carers to keep children safe from online radicalisation
- <u>London Grid for Learning</u> provides support for parents and carers to keep their children safe online, including tips to keep primary aged children safe online
- <u>Lucy Faithfull Foundation</u> StopItNow resource can be used by parents and carers who are concerned about someone's behaviour, including children who may be displaying concerning sexual behaviour (not just about online)
- <u>National Crime Agency/CEOP Thinkuknow</u> provides support for parents and carers to keep their children safe online
- <u>Net-aware</u> provides support for parents and carers from the NSPCC and O2, including a guide to social networks, apps and games
- Parentzone provides help for parents and carers on how to keep their children safe online
- <u>Parent info from Parentzone</u> and the National Crime Agency provides support and guidance for parents from leading experts and organisations
- <u>UK Safer Internet Centre</u> provide tips, advice, guides and other resources to help keep children safe online